

PUBLIC TRAINING

INTRODUCTION TO SUSTAINABILITY & ESG 101



3 FEBRUARY 2027



ROYALE CHULAN DAMANSARA

REGISTRATION FEE

RM1,000 NET/
PAX

OVERVIEW

This course introduces the foundations of Sustainability and ESG, including climate change, greenhouse gas emissions, the SDGs, circular economy principles and ESG reporting. Participants will also gain a basic understanding of carbon footprints and Scope 1, Scope 2 and Scope 3 emissions.

The programme also provides introductory awareness of Malaysia's sustainability disclosure landscape, including the NSRF, IFRS S1 and IFRS S2. It emphasises how employees can support organisational ESG objectives through their roles, decisions and workplace behaviours.

OBJECTIVES

- The fundamentals of Sustainability and ESG, including the environmental, social and governance dimensions.
- How climate change is occurring, what is causing it and the implications for organisations and society.
- The fundamentals of carbon footprints, Scope 1, Scope 2 and Scope 3 emissions, and practical reduction approaches.
- How the SDGs, circular economy principles and responsible business practices relate to organisational sustainability.
- The purpose and direction of Malaysia's National Sustainability Reporting Framework (NSRF).
- The fundamentals of IFRS S1 and IFRS S2, including the core disclosure areas of governance, strategy, risk management, metrics and targets.
- Why reliable sustainability data and cross-functional contribution are important to credible ESG disclosure.
- How individual employees can support organisational sustainability and ESG initiatives through their roles, decisions and behaviours.



METHOD

Lectures, Facilitated discussions, Case studies, Practical exercises and Workshop sessions.



FOR WHOM

Executives, Managers, Officers, Sustainability & 'Green' Committee Members



DURATION

1-day Training



03-2382 0800 / 012-565 3364



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www.q3solutions.com.my

COURSE OUTLINES

DAY 1

Understanding Sustainability & ESG

- Introduction and ice-breaking session
- How did we get to Sustainability?
- Key sustainability issues
- What is a sustainable business?
- Overview of the 17 UN Sustainable Development Goals (SDGs)
- From Sustainability to ESG: environmental, social and governance considerations
- Why ESG matters to organisations, employees, investors and stakeholders

Climate Change, Carbon & GHG Fundamentals

- What is climate change and what is causing it?
- Overview of the Paris Agreement
- Business implications of climate change
- Understanding organisational carbon footprints
- Direct and indirect emissions: Scope 1, Scope 2 and Scope 3
- Practical approaches to reducing GHG emissions: energy efficiency, renewable energy, waste reduction and operational improvements
- Introduction to climate-related metrics and targets

Sustainability in Practice: SDGs, Circular Economy & Responsible Business

- Connecting everyday business activities with selected SDGs
- What is a circular economy?
- 3 Rs: Reduce, Reuse and Recycle
- Waste management, responsible purchasing and sustainable workplace practices
- Introduction to sustainability-related impacts, risks and opportunities
- Stakeholder expectations and the concept of materiality
- How responsible business practices support long-term value creation

ESG Reporting & Malaysia's Evolving Disclosure Landscape

- Why organisations report sustainability information
- ESG data collection and the importance of reliable information
- Introduction to a GHG Inventory
- Overview of reporting structures: GRI, Bursa Malaysia sustainability reporting requirements and other structures
- Introduction to the NSRF and how it connects Malaysia's reporting direction with IFRS Sustainability Disclosure Standards

**Questions &
Queries met with
Quality Solutions**

Contact Information



+603-2382 0800 (Office)



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19-2, Jalan PJU 5/9, Dataran Sunway, Kota Damansara, 47810 Petaling Jaya, Selangor

COURSE OUTLINES

Introduction to IFRS S1 & IFRS S2

- Why IFRS Sustainability Disclosure Standards matter
- IFRS S1: sustainability-related risks and opportunities that could affect enterprise prospects
- IFRS S2: climate-related risks and opportunities
- Core disclosure areas: governance, strategy, risk management, metrics and targets
- Connectivity with financial reporting, cross-functional responsibilities and reliable sustainability information

Your Role in Supporting Sustainability & ESG

- Why ESG is a shared organisational responsibility
- How individual employees contribute to environmental, social and governance performance
- Energy/resource efficiency, waste reduction, responsible consumption and purchasing
- Workplace health, safety, wellbeing, diversity and inclusion
- Ethical conduct, responsible decision-making, accurate data and record-keeping
- Communicating sustainability initiatives and becoming an ESG advocate within your sphere of influence

Key Takeaways & Q&A

- Key learning points
- What organisations and individuals can do next
- Questions and answers

TRAINER PROFILE



Shazlee Musa

Chartered Accountant | Governance, Risk & Sustainability Practitioner

Shazlee Musa is a Chartered Accountant and governance practitioner with experience in audit, risk management, corporate governance and sustainability reporting. He is a Director of Q3 Management Solutions Sdn Bhd and serves as a member of an Audit & Risk Committee. He holds a Bachelor of Accounting (Hons) from the International Islamic University Malaysia, is a member of the Malaysian Institute of Accountants and an Associate of the Institute of Internal Auditors Malaysia. His experience enables him to connect sustainability and ESG requirements with governance oversight, risk management, internal controls, evidence and management accountability, including organisational readiness for sustainability disclosure.

Emiliawati Zainol

Founder & Managing Director, Q3 Management Solutions | HRDC-Accredited Trainer

Emiliawati Zainol is a seasoned professional whose career spans Customer Service, Learning and Development and Human Resource Management across corporate and multinational environments. Having risen to Head of Human Capital Management, she developed extensive experience in customer experience, risk management, cost optimisation, talent acquisition and employee engagement. As an inclusive leader and HRDC-accredited trainer, she champions sustainability, gender equality and responsible business practices by integrating ESG principles into people strategies and organisational culture. She supports organisations in strengthening the human-capital, governance and behavioural foundations needed for sustainable and future-ready workplaces.





Q3 Management Solutions Sdn Bhd



REGISTRATION FORM

TRAINING : Introduction to Sustainability & ESG 101

Session:

- ☐ February 2027
☐ May 2027
☐ September 2027

COMPANY DETAILS & CONTACT PERSON

Organization :

Date :

Type of Business :

Office No. :

Address :

Contact Person :

Designation :

Contact No. :

E-Mail :

HRD Corp Registered Employer

:

☐

Yes

☐

No

REGISTRATION

Name :

Designation :

Email :

Mobile No. :

(Please provide separate list for more than 3 persons)

* **NOTE** : Please email this form to enquiry@q3solutions.com.my or you can WhatsApp the registration form to us at **+012-565 3364**

PAYMENT / TERMS & CONDITION

1. Kindly make payment to our account number as stated, payable to **Q3 Management Solutions Sdn Bhd.**
2. Please email or WhatsApp us the payment proof and complete registration form.
3. In the event of cancellation less than 14 days before the training, the client shall pay 30% of the total programme fee to Q3 Management Solutions Sdn. Bhd. as a penalty. Written notice of cancellation must be provided.
4. If there are insufficient in the client's HRDC account, the client shall remit the full programme fee directly to Q3 Management Solutions Sdn. Bhd.
5. In the event of a no show on the training date:
 - The client shall remit the full programme fee to Q3 Management Solutions Sdn. Bhd OR
 - For the Certified Sustainability Professional (CSP) Programme only, the client may nominate a replacement participant for the next available session.

Maybank Acc. Number: 5627-6841-5995

Payable to:

Q3 MANAGEMENT SOLUTIONS SDN BHD

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Kota Damansara, 47810 Petaling Jaya,
Selangor

SBL KHAS SCHEME
(HRD CORP REGISTERED EMPLOYERS)

1. Please apply HRD CORP grant through e-TRIS portal under SBL-KHAS scheme
2. Please find our MyCoID 1203344U at e-TRIS portal.
3. Kindly email or WhatsApp us the grant approval at least 5 days prior to the training.